

CDSN MONTHLY MEETING

CDSN was founded in 1978 by Carol Feit Lane as a forum for professional Career Counselors and Coaches Email: cdsnny@gmail.com Website: http://cdsn-ny.org Mailing Address: Judith S. Goldberg, 170 West End Ave. 22N, NYC 10023

TOPIC: Connecting Remotely: Unlocking the Power of Virtual Tools for Individual & Group Meetings.

PRESENTERS: CDSN Board Members: Donna Sweidan, Heidi Ravis, and Satya Chheda Patel

DATE: Thursday, March 19, 2020

TIME: 10:15 AM – 12:15 PM EST. <u>The program will begin promptly at 10:15 AM</u> (two hour attendance is mandatory if you wish to receive CEU credits)

Join us virtually or in person:

Virtually via Zoom: <u>https://wework.zoom.com/j/173021017</u> (please download Zoom to your smartphone or computer to join the meeting remotely - Meeting ID# is: 173021017) In Person: 96th Street Library, 112 East 96th Street, New York Between Lexington and Park Avenues, near #6 train

DESCRIPTION: Learn about how to work with remote clients, run virtual groups or workshops, and use the latest technology tools to save you time and access more clients! Heidi Ravis will share the benefits of working remotely with clients, as well as research about its efficacy. Donna will share how she has set up systems to work seamlessly with clients around the world, and Satya will be sharing how to take advantage of the latest tech tools that are available either free or at a low cost.

PRESENTER BIOS:

Donna Sweidan, LMHC is the founder of Careerfolk and for 20+ years, Donna has offered a unique blend of psychological counseling and life, career and executive coaching to clients around the world. She was voted one of the top 25 career coaches and resume writers online by <u>Careertoolkit.com</u> in 2016, and most recently one of the Top 20 coaches to follow in 2020 by <u>Talent LMS</u>. Prior to starting CareerFolk, LLC, she was the founding director of The New School's Office of Career Development. She has also consulted at DBM Outplacement Services, REA, Baruch College, Pace University and NYU, and served as a Career and Business Development Coach for the CT Women's Business Development Center. Donna is a New York State Licensed Mental Health Counselor with a Masters in Counseling from NYU and training at the Institute for Contemporary Psychotherapy. Prior to moving to the US, she lived and studied in South Africa obtaining a BA in Psychology from the University of Witwatersrand, and a BA, Honors in Applied Psychology from Rand University, both in Johannesburg. Donna has served on the board of CDSN since 2013.

Heidi Ravis, EdM, is a Licensed Mental Health Counselor, Board Certified National Certified Counselor and TeleMental Health Counselor. In her 25+ years as a career counselor, she has worked with diverse client populations in a range of settings including consulting, higher education, community mental health, and private practice. She currently consults for REA – Partners in Transition, The Muse, Vermilion Talent, and Hand & Associates while maintaining a private career counseling practice in Westchester County. She has been served on the Board of CDSN since 2013.

Satya Patel has over 15 years of experience in the career development field and is Board Certified Coach (BCC) through the Center For Credentialing & Education with a M.A. in Counseling from NYU. She has a wide variety of experience working in educational technology start-ups, human resources consulting firms, higher education institutions, non-profit organizations, and public school systems. She has worked extensively with clients from a variety of industries in her own practice and as a consultant for several companies including REA – Partners in Transition, The Muse, NetExpat, and Hand & Associates. She currently works for Flatiron School / WeWork and manages a remote team of 20+ career coaches located across the U.S. who help individuals transition to careers in the tech sector. She also leads an outplacement program for WeWork employees during a time of organizational restructuring. Satya has been on the CDSN Board since 2013 and manages the website content.